



Meeting : Dementia Friendly Congleton Group 25h Meeting

Date : Wed 20.10.21 **Time:** 1.30pm

Location: Congleton Town Hall – Bridestone Suite.

In attendance:- Mike Smith, Diane Ritherdon, Clare Sheard, J.Norton, D.Morris, Catherine Sale, E. Richardson, G.Williams, S.Joynson, D.Coxon.

Guest:

Item	Agenda Item / discussion	Action / comment
1	<p><u>Welcome & Apologies</u></p> <p>Meeting was chaired by D.Ritherdon. A round robin of introductions was carried out for our new member :- Catherine Sale CHOC Social Prescribers team.</p>	<p>Apologies were received from Helen Williams, Sarah Jacklin, Peter Munro, S.Munro, Anna Bignell, Liz Stubbs,G.Gittings, M.Butcher,K.Linton and Gill Brickwood.</p>
2.	<p><u>Minutes / Matters Arising from the last meeting (18.8.21)</u></p> <p><i>The minutes were accepted as a true and correct record of the last meeting.</i></p> <p>Item 2. Dr Sarah Fox – MMU Research Centre. The centre is now reopen and they plan to present to us at a later meeting. Unfortunately MMU had to cancel, member of the team has Covid. Will try a later meeting.</p> <p>Item 2. Besocial Day Care (Congleton). MS circulated information that had been forwarded by Liz Stubbs. Diane to contact Liz for an update. Liz issued an update, it appears a very commercial operation</p>	

	<p>costing £60 per day, excluding lunch.</p> <p>Item 4. Forget me not club has restarted on 2nd and 4th Friday at NLC split between DR and CS.</p> <p>Games Club starting shortly at Bear Grills (DR)</p> <p>Library activity programme issued.</p> <p>All other items picked up in today's agenda.</p>	
3.	<p><u>Social Prescribers – Emma Richardson.</u></p> <p>Emma gave us a presentation on the role of SP's the range of support offered and outlined the range of positive outcomes the work of SP's was achieving.</p> <p>Role. The role links workers with patients to help them draw up personal plans and to address social issues in their lives and improve their health and wellbeing. They are able to connect "link" people to other services / community activities that will help patients reach their own personal goals.</p> <p>Help and support around. Social Isolation, Housing, Finance, Long Term health conditions, Confidence, Physical inactivity , Life Events etc.</p> <p>Referral This can be by The Practice, other health care professionals or even self referral.</p> <p>Outcomes. Improved Mental Health, more independent and socially connected. Generally a more active healthier person.</p> <p>Emma's presentation is available on request.</p> <p>-----</p> <p>Following Emma's session Diane added that she would look to get someone (Botham) from CEBC to come along and talk to the group about the support / financial support that is available to residents that she</p>	<p>MS</p> <p>DR</p>

	picked up at a recent workshop at East Cheshire Hospice.	
4.	<p>Gentle Activities for the Young at Heart in Congleton.</p> <p>As activities start to be reactivated, we are looking to put out a Winter addition of our leaflet.</p> <p>MS has contacted all of the previous event/ activity providers for a guide to when they will start up again, Debbie has collated this information and we are in a position to start work on a leaflet, for distribution in November.</p> <p>If anyone is aware of any activity please let Mike/ Debbie know.</p> <p>Emma /Catherine to put together a paragraph about their role which we will include in the leaflet.</p> <p>Other items for consideration are :- Swap Shop, Dementia Buddy, Telephone Buddy Scheme (Senior Forum) Dementia Friends sessions etc.</p> <p>DR is running two DF refresher courses at the library 8th Nov at 2pm and 2.45pm</p> <p>DR to have a meeting with DC to discuss content.</p>	<p>All</p> <p>ER/CS</p> <p>DR</p> <p>DR/DC</p>
5.	<p><u>Swop Shop Project 2021</u></p> <p>The project will be managed by Gill Brickwood.</p> <p>Diane to tie up a meeting with Gill and Jenny to finalise the scheme.</p> <p>DR has a list of products required and will discuss ordering with Debbie/Martha.</p> <p>Scheme to go live in November.</p>	<p>DR/GB/JN</p> <p>DR/DC</p>
6.	<p><u>Cheshire East Dementia Strategy – J Cliffe</u></p> <p>Diane reported back on the developments that have taken place whilst working on the CEBC Dementia</p>	<p>DR</p>

	<p>Strategy. 5 strands have emerged:- Preventing Well Diagnosing Well Supporting Well Living Well Dieing Well</p> <p>The 5 pillars were discussed at the focus group and in telephone interviews. The most comment came under 'supporting well' Praise was given to the memory clinic and the follow up by the re-enablement team ' However the approach was inconsistent and little follow up was evidenced from GPs.</p> <p>DF Nantwich working on a project around Post Diagnosis</p> <p>Further reports as the project develops.</p>	
7.	<p><u>Media Coverage.</u></p> <p>DR to work with DC on a lauvh release for Swap Shop project.</p>	DR/DC

8.	<p>AOB.</p> <p><u>Live Well for Longer.</u> GW raised the issues around Transport, IT Usage and having information about what sort of support was out there. S.Joyson to follow up on this</p> <p>Dementia Buddy Scheme. DM had a kit with him today and offered to demonstrate the system to any one present. He also requested that we change the contact number on the next leaflet to that of The Lions 0345 number. David advise Debbie of the number</p>	<p>SJ</p> <p>DM / DC</p>
8.	<p>Meeting finished at 3.05pm.</p>	

	Next Meetings :- Tuesday 14th December, 1.30pm, Venue / Zoom to be confirmed.	
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